



QUANTUM UNDERSTANDING OF THE HUMAN PSYCHE THROUGH THE PSI FUNCTION OF AURIC SENSITIVITY

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This research aimed to contribute in the ever growing insight about the human psyche. Specifically, it intended to compose an alternate perception derived from the compounded personal experiences of the researcher and the participants of this research on the psi function of auric sensitivity, processed and analyzed through the method of analysis of heuristic inquiry. Having conducted an empirical study using a heuristic inquiry approach, aided by a select quantum physics principles, the researcher arrived with a quantum understanding of the human psyche. The human psyche is being referred to the human's total personality and the collection of processes that involved the whole human faculties. Essential part of the total human personality was the psi reality called the human aura, and the psi potential or function that was called auric sensitivity. As quantum physics would explain, the human aura was an energy filled enveloping us. As an energy in varying densities, forms, textures, and colors, it can be seen and felt especially with extra ordinary level of sensitivity which can be harnessed through the process of preternaturalization comprised of a cyclical mechanized step by step process and by embracing a lifestyle or spirituality that is appropriate to psi phenomena. Being concerned and sensitive with the human aura would give humanity one notch of benefits, better understanding, healing, and improving of oneself and others too.

Keywords: Aura, Auric sensitivity, Human Psyche, Heuristic Inquiry, Psi Potential

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INTRODUCTION

The concept of the human psyche has been so enigmatic for theorists in the past millennium. Attempts of various kind were tried by now illustrious thinkers in the field of philosophy, psychology, religion, anthropology and other social sciences just to formulate a concept that would encapsulate what a human psyche is. The Philosophers like Socrates and Plato had referred human psyche to one of the two essential composition of a human being – the soul. In religious discourses, the three monotheistic faith traditions, Judaism, Christianity and Islam, reflected their concept of human psyche with the philosophical underpinnings. They professed that the human psyche is no less but the human soul, which somehow being acknowledged though in different perspective by Hinduism and Buddhism as part of their world view about humanity. Psychologists Sigmund Freud and Carl Jung had theorized differently the human psyche. Freud discussed it in terms of the id, ego, and super ego.¹ While Jung used the concepts of the conscious, personal unconscious, and collective unconscious.² The word psyche originally means “the soul”, derived from Greek ψυχω (psycho) which means “to breathe”. By the turn of the 20th century, it increasingly came to refer to ‘mind’.³ Nowadays, from my observation, the understanding on the human psyche continues to evolve. It changes along with the changes that are rapidly happening in all the aspects of life in this cosmic world. It is in this context that I decided to write this paper. I pursued the possibility of contributing also in the ever growing understanding of the human psyche. In this study, the notion of the human

psyche hinged on the loose idea that it refers to the collection of processes connected not only to the brain and mind, but to the heart, emotions, and body, that comprised the whole human.⁴ This concept of psyche somehow synchronized with Jungian concept of psyche that can be seen as human’s total personality and encompasses all one’s thoughts, behaviors, feelings, motions.⁵ Taking these as foundational concepts for the human psyche, I attempted to compose an alternative perspective about the human psyche through the intriguing psi functions of auric sensitivity, which entails dealing with the human aura, from my own experiences and the experiences of other people in narrative form through heuristic inquiry approach. The newly composed understanding about the human psyche was supported by select quantum mechanics principles.

METHOD

An alternative understanding of the human psyche was constructed through the help of a qualitative-descriptive research design using Clark Moustakas’ heuristic inquiry, its methodology and processes. Heuristic inquiry for Moustakas was “a process of internal search through which one discovers the nature and meaning of experience and develops methods and procedures for further investigation and analysis. Also, it is a way of being informed, a way of knowing that involves self-search, self-dialogue, and self-discovery.”⁶ It is being identified as an autobiographic approach to qualitative research centering on the living, interrelated, interconnected, and continuing experiences.⁷ Moustakas’ method, which I

¹ William Siegfried. “The Formation and structure of the Human Psyche.” *Athene Noctua: Undergraduate Philosophy Journal*. Issue No. 2 (Spring 2014), p. 1.

² Academy of Ideas. “Introduction to Carl Jung – The Psyche, Archetypes and the Collective Unconscious.” January 9, 2016. <https://academyofideas.com/2016/01/introduction-to-carl-jung-the-psyche-archetypes-and-the-collective-unconscious/>.

³ Academy of Ideas

⁴ Frankie. “A Metaphor for Understanding the Human Psyche.” *Medium*. November 20, 2016. <https://medium.com/the-place-between/your-unconscious-what-you-need-to-know-about-it-d82bfc99ffee>.

⁵ Academy of Ideas.

⁶ Clark Moustakas. *Heuristic Research: Design, methodology and applications*. (Sage Publications, 1990) p. 9-11.

⁷ Nevine Sultan. *Heuristic Inquiry: Researching Human Experience*



observed in this study, was consisted of six phases. These were 'initial engagement', 'immersion', 'incubation', 'illumination', 'explication' and 'creative synthesis.'⁸ Moustakas explained that for the researcher to understand an experience deeply, he or she must begin with himself or herself, and be open to the experiences and stories of others that illuminates and bring into focus the internal frameworks of researchers.⁹ In this research, I purposely considered nine written experiences of those who have been participants in my seminar-workshops on auric sensitivity. Specifically, I derived the heuristic understanding of the human psyche from the individual depiction to composite depiction analysis of the essential themes embedded in the written experiences of my research participants on the phenomenon called auric sensitivity, with the integration of my own intuitive and personal knowledge and experience of the same phenomenon. The exemplar portraits of the topic of inquiry from all the individual depictions were also given citations. Then, I expressed the sum of the outcomes of the whole experience of the phenomenon with my research participants in the form of creative synthesis.¹⁰ At the end, I used some quantum mechanics principles as a lens to elucidate more the alternative understanding of the human psyche through the psi function of auric sensitivity.

RESULTS AND DISCUSSION

Seeing and touching aura is fascinating. The first time I saw and touched it, I was so thrilled. I never thought it was real until finally I had a chance to see and touch it. In one of my doctoral classes back then, I was exposed how to see and touch an aura. At first it was like a moving shade

of white light that eventually becomes another shade of color enveloping the whole physical body of a person. It was so fascinating to see. Seeing it would bring one into the portal of the mysterious. But touching aura would make the mystery known. It feels like touching a balloon when touching an aura. Actually, one can experience different feelings as one touches an aura, like it is kind of invisible soft mass, warm or cold. The experience on auric sensitivity was really so interesting for me, that when I finished my post graduate studies, I pursued conducting seminar-workshops on the said phenomenon until today. Auric sensitivity has become part of my subject discussion and activity whenever I give special seminar-workshops on psi phenomena with the doctoral students in Applied Cosmic Anthropology at Asian Social Institute and other higher educational institutions. Within the seminar-workshop, I initiated participants into experiencing, seeing and touching an aura. They were amazed. Most of them if not all enjoyed what they saw and touched. I asked them to write down their individual experiences to help me further elucidate and validate my personal experience and understanding of the phenomenon.

INDIVIDUAL DEPICTION

An individual depiction provides a holistic, detailed illustration or narrative of a co-researcher's personal living experience of the topic of inquiry.¹¹ Here now are the nine written narratives of my participants in the seminar-workshops I conducted on their personal experiences of the topic of inquiry, and which I purposely chose to be my co-researchers. Along with the narratives are the core themes and brief personal reflections on the individual depictions some of which were imbued with several quantum mechanics principles.

Holistically. (Sage Publications, 2018).

⁸ Gerard Kenny. "An introduction to Moustakas's heuristic method." *Nurse Researcher*. 19, 3, 6-11. (United Kingdom: RCN Publishing).

⁹ Ibid.

¹⁰ Ibid.

¹¹ Nevine sultan



NARRATIVE 1: “SOLIDIFIED ENERGY”

TRANSCRIPTION:

Every meeting is full of surprises and this time we had the opportunity to feel our partner's chakra and energy. Though it's a weird thing to do because I'm used to know other people's chakra by looking at their auras, but this activity we just had a few hours ago gave us amazing experience that is to touch our partner's "solidified" energy. I felt the presence of her left hand while she's trying to find or touching my "solidified" energy. When her hand lands on my tummy, I can't help but laugh because I felt the tickling sensation, it's like she had rolled an invisible water balloon in my stomach. After her was my turn to do the activity. Though I'm scared at first because I might fail to touch her energy however, our Prof. helps me to make my hand sensitive for energy. I already felt her energy at first touch. Wandering all over her body, I found out that her energy thickness in the areas of her: upper head (crown area) left and right ear, right cheek and right breast. Deflated energy is found on her forehead, neck, left breast (heart area... probably because she has heart illness), and horrifyingly in her stomach. I said it was horrifyingly because her stomach pulls my hand towards it like there's a magnet or vacuum inside her. Upon noticing it, I asked her, "Gutom ka ba?" and she said yes, well I rolled my eyes in relief, well no wonder why it's happening. This day's activity is fun and nourishing.

REFLECTION:

Energy is found everywhere. Anything is energy. This seemingly all-embracing notion of energy may not be accepted by most people because maybe it is something new or simply lack of understanding. But this is really it. It is a fundamental quantum principle. Accordingly, everything is made of energy, including us human beings, in the quantum level. The human aura, also known as electro-magnetic field, is an energy emanating from the human body. It can be seen and touched by anyone sensitive to it.

NARRATIVE 2: “SENSITIVE HANDS”

TRANSCRIPTION:

My left is more sensitive than my right hand so I need it to feel the energy of my partner, and with the help of proper breathing, I felt a warm, yet a hard/solid substance that protects her. A strong energy comes from her head, her head bounce. I tried to play with the energy by touching the other parts of her body to feel the energy and I found out that her energy depletes in her neck and in her chest where the heart is located. But from her stomach to her reproductive organ, energy is strong but not as strong as to the top of her head and her forehead. As I continued to play with the energy by going to other parts of her body like her arms, back, etc. I felt a smooth and warm energy that enveloped her whole body. When it was my turn to meditate while she was feeling my energy, it seems that though my eyes are closed, I can feel where her hand stays or where it is going and I also felt that she tried to push my head and I was tickled at my forehead. Perhaps her hand is there. According to my partner, strong energy comes from the top of my head, forehead, stomach, chest, and reproductive but energy depletes on the part of my neck and I replied that I had a sore throat.

REFLECTION:

All of us are sensitive in varying degrees in relation to human aura. There are those who can easily feel or see human aura, and there are also those who have difficulty in sensing it. There are those tickled and amazed by the degree it manifested to them, either they feel it strongly or hardly feel at all. I think, this varying degrees of sensitivity to human aura does not suggest the idea that one person is lesser or greater than another. Rather, it simply suggests the fact that human aura does exist and human beings can sense it.





NARRATIVE 3: “ANXIETY”

TRANSCRIPTION:

As usual whenever we had to perform an activity, expect the unexpected. It is my first time doing this particular kind of activity that's why I am really nervous during the said activity. As soon as it started I had a feeling of anxiety within me because I'm too afraid that anything could happen or even worse none at all. But eventually as time flew by anxiety in my heart subsided because we were asked to relax our minds and try to feel the presence of energy within our partners. Before we start to each other's "Auras", our professor wanted each and every one of us to empower our hands so that we could easily sense our partners Aura. After the empowering of my hand I felt something like static current went inside my hand I really felt that and when I did put my hands on the top of my partner's head I felt something soft. It is like a balloon, the only difference is, is that it is invisible and it is seemingly cold. I was greatly amazed on what I felt during the activity. I wish we had given much time in doing it, anyways I had fun doing it. It isn't as bad as I thought it would be after all.

REFLECTION:

Whenever we, human beings, plunged into the unknown, we ordinarily feel anxious. We have anxiety, and that anxiety comes from something that we do not know. The moment we are introduced to something and get used to it, our anxieties subside and eventually leave us. Anxiety should not be regarded negatively. It should be considered as a natural reaction to anything unknown to us. Being anxious is the beginning of becoming valiant or heroic. Also, it is the beginning of one's sojourn to the unknown, making the unknown known.

NARRATIVE 4: “RECOGNIZE THE THINGS HAVEN'T HEARD & CONTEMPLATED BEFORE”

TRANSCRIPTION:

I have to admit that I had a hard time trying to concentrate on this activity because of the noise & the light distractions from the window. We were told to observe our partner's hands placed on the illustration board closely as their auras shall try to manifest itself on the dark side of the board. I paid close attention to my partner's hands as I closed my eyes & tried to see her aura unfold before me. But to my slightest disappointment, I failed to determine her aura. However, I managed to observe a white shadow protruding from the edges of her fingers. Yet I wasn't sure if that's what I was trying to see. This just led me to my skeptical mind if auras can really be seen by the naked eye & if there is, why would it possess a color in the first place? I was told before that I have a yellow aura- an aura of joy & kind spirit. So when I knew that, I thought that was it & nothing can change it. But when it was my partner's turn to observe mine, she anxiously told me that she has been seeing red. But I quite resisted believing because my mind was set on 'yellow' perception. Yet when clarified her claim to our professor & in which he agreed to see the same, I was just surprised to find out that perhaps my partner was telling the truth. That made me reflect that maybe I should set aside my doubts & try to recognize the things I haven't heard & contemplated before. I had my share of anger that day, perhaps the red aura, in which my partner claims I possess, has something to do with it.

REFLECTION:

Doubt can cloud our appreciation of something. It can even impede us to experience fully something that is great and new. To doubt is to deprive ourselves of possible personal growth. Doubting is perhaps robbing us of resurrection from ignorance. All these can be avoided only if we learn to recognize things we have not known, we have not heard of and contemplated before.





NARRATIVE 5: “FOCUS MORE AND PRACTICE”

TRANSCRIPTION:

Unlike the first activity of aura seeing, the activity today has made me able to see my partner's aura clearer. At the first round, my partner laid down his hands on the black part of the illustration board. His energy is strong & very evident especially on his right hand I am sure that what I am seeing is his energy because it is right according to what the professor said that your partner's fingers begins to look much more huge & longer. My partner's fingers are looking more huge & longer. Before his aura energy goes back to his fingers, I touched it & felt it. That's why I became surer that what I saw was his energy. When it was my turn to lay down my hands on the illustration board, my partner began to see my energy but as expected, my energy was not that strong & he could not see it clearly. I think, I need to focus more & practice how to make my energy stronger, more evident & clearer.

REFLECTION:

What emanates from our body as aura is an energy that is reflective of our inner disposition. We cannot simply change it the way we wanted it to be, strong and very clearly. Unless we change our value system, keeping only the positive ones and set aside the negative, then it is possible to achieve a healthy aura. More focus and constant practice on how to make our energy stronger, more evident and clearer is not only needed, instead, as I have said, focus more on positive values and practice living out those values. One can notice the big difference.

NARRATIVE 6: “AS IF UNCONSCIOUS”

TRANSCRIPTION:

For this exercise, I have a partner, and just like the previous exercises, you have to meditate and concentrate first, proper breathing to get energy so that the aura will be more visible. I was the first one to be examined by my partner, so I just breathed in, breathed out. According to her, my aura color is glowing and yellowish in color.

After a while, we exchanged positions and I will examine and try to see her aura in a dark room and her hands under a black illustration board. At first, it was difficult to concentrate because I can hear chatting and the voices of my classmates. But the dark environment helped me to concentrate. In my previous meditations, I can't see the color of the aura even though sir gave us a technique. So what I did, I closed my eyes and breathed properly then after a few minutes, I half opened my eyes as if I was still unconscious and it was effective. I could see a reddish color surrounding my partner's hands. So I think I was successful this time to see the color of the aura. This exercise was really fun and it really gave me time to relax even for a short time from a noisy and busy day.

REFLECTION:

The statement “as if I am still unconscious” denotes a state of consciousness whereby a person is possibly half awake and half sleep. Honestly, the said state of consciousness is very much conducive for unleashing any psi phenomena potentials and sensing any psi realities. This state is attainable consciously. One way to fully enjoy the fruits of this state needs constant serious practice and by embracing a certain kind of spirituality that is congruent to psi realities.

NARRATIVE 7: “RIDICULOUS ... BUT TRULY AMAZING”

TRANSCRIPTION:

At first, I didn't expect I would feel what the professor told us we would feel. There even came a point where I thought of the whole activity as something ridiculous. Even though I thought of the activity as ridiculous, I still followed the instructions and did I was told. When Sir came up to me to produce energy on my hand, I just looked at his hand playing over mine, not feeling anything. But then something heavy pressed between my hand and his, and it was then that I realized, this is real. I hovered my hand over the head of my partner and also felt the same pressure between his head and my hand. I hovered my palm over his forehead and felt a thicken pressure between my hand and the forehead. It was truly amazing and somehow, the activity gave me faith, and hopefully for the future activities to come.



**REFLECTION:**

The first time I had experienced human aura I was really astounded. It tickled my interest and craved for more experiences of it. What came to my mind was, I would be discovering more about my being human. That gave me a very pleasant feeling. I just love to know more about human beings. Thinking about aura as something natural to human beings was an amazing discovery. A discovery like no other.

NARRATIVE 8: “SWAYING LIGHT”**TRANSCRIPTION:**

This could be so far my best experience in this class. I focused my eyes on my partner's head because that is what Sir told us to do. To see the Aura we must be focused so that we could easily recognize what the color of the aura is. When I focused my (eyed) eyes on my partner I saw swaying light, (it was like San Goku) he was like a Super Saiyan changing and changing himself into super saiyan form. It was awesome, (because it) I thought it was hard to see it, but with relaxation and being focused you can see it. When it was Sir's time to show his aura I was awe struck. He was turning black, the light is growing stronger!

REFLECTION:

Human aura is very fascinating to see. It sways left and right, up and down. Its light glows to different directions. It appears like a mass but invisible. It comes out in different feeling, sometimes warm, cold, smooth or coarse. Regardless how it manifests itself, I am definitely appreciating more myself being human. A mystery was demystified through personal experiences. A myth was simply made real.

NARRATIVE 9: “WEIRD, COOL AND FUN”**TRANSCRIPTION:**

It was weird. Weird in a good sense and fun. I liked it best from everything we did on the first day. The energy that came from our professor was stronger than last time. I felt almost electrified on my right hand. After being given the energy, I placed my right hand above the head of my partner but never touched it. After playing with the energy, I felt a solid gas (I don't know if I'm making sense but it really felt like that) and when I pulled my hand upwards, the energy went with it. I did the same with his forehead and throat. I felt the same sensation. The energy he emanated was warm and soft. It was also strong from all the 3 points but his forehead was stronger. When I moved my hand to his heart, it became cold but not as strong as the 3. Down his navel and the last part, I almost didn't feel anything. Must be my nerves. When it was his turn, I felt my head ache but not that painful. He told me that my energy was cold on both my head and forehead. When it was the part of my heart, I felt a strong pull and as reflex movement, I gasped. He felt it too. Cool. I felt the energy. Really fun. All in all, this one was yet the best experience.

REFLECTION:

Touching human aura can be considered as a weird, cool and fun experience. But for me, I regarded it as sacred that I must always treasure in my heart. Touching human aura is like touching human soul in its subtlety. I have to handle it with care, for what I am touching is the extension of the inner reality of a human being.

COMPOSITE DEPICTION

A composite depiction acts as an accurate, vivid unifying representation of the core themes illuminated through each of the individual portraits of the topic of inquiry.¹² Presenting in tabular form, here is the composite depiction of auric sensitivity derived from the individual portraits of my co-researchers.

¹² Ibid





| Core Themes | Individual Portraits |
|------------------|---|
| Energy | Electricity, static current, strong pull, sensation, solidified energy /substance |
| Felt | Strong, warm or cold, soft, tickling, depleted, thick, balloon like |
| Visible | Swaying, growing, colorful |
| Best experience | Amazing experience, was awe struck ridiculous, weird, cool, fun and nourishing |
| Semi-unconscious | Half opened eyes |
| Skepticism | Skeptical mind |
| Anxious | Anxiety within, anything could happen |
| A process | Followed the instructions, mind relaxation, meditate |
| Faith | Recognize things unheard & contemplated before, setting aside doubts |

REFLECTION:

What else can I say whenever watching one of the most uplifting panoramas to see, the human aura, nothing but ohhs and ahhs? It is really very dramatic. It is like watching in admiration the human soul in all its bareness and subtlety. It is so inspiring that while enjoying watching the finest energy manifestation any doubt held would simply be relegated to none. No anxiety can possibly consume our entirety seeing those lights emanating from human body. Human aura is caused by the life force burning within us. Its visual emanation is highly reflective of the physical, emotional and physical state of our individual self. It is energy described as electromagnetic field. The beauty of human aura is ordinarily seen by the sensitive eyes. But human aura is not only being enjoyed by seeing, touching it is possible. Any trained hands can

easily feel the texture of human aura. There are eyes that cannot see, and there are hands that cannot feel, but having a serious heart and interested mind one finds no barrier enjoying watching the finest multi-colored coat human being perpetually worn. It is totally cool, fun and nourishing experience.

EXEMPLARY PORTRAITS

These portraits reflect the uniqueness of those co-researchers' experiences within the collective experience of the research team.¹³ The following statements were considered different but very significant portraits of auric sensitivity from the individual narratives. These portraits also contributed significantly in the formulation of an alternative understanding of the human psyche.

Time to relax even for a short time from a noisy and busy day.

Auric sensitivity provides a moment of relaxation, a brief departure from a noisy and busy daily life. It brings a relaxing scenario, for the eyes are seeing the most beautiful and natural multi-colored coat the Creator had given each human person to wear, the human aura.

Had a hard time trying to concentrate on this activity because of the noise & the light distractions from the window.

Auric sensitivity is a potential that is present in every person. As a potential, it exists in varying degrees of manifestation depending on one's readiness and willingness. The external environment may serve as a hindrance for anyone who would like to experience the aura. One has to learn to discipline himself or herself not to be

¹³ Ibid



affected by the external world. More than this, one should master the self not to be affected by the internal distractions. The potential to be able to sense the human aura is present within, but if one does not know how not to get affected either by external or internal distractions, it will be a great challenge to sense the human aura.

It isn't as bad as I thought it would be after all.

Auric sensitivity is not a bad experience at all. What makes people think and say it is bad is the lack of correct knowledge and deep experience of it. The aura is naturally existing and surrounding each one of us. It is but part of our being human. To be sensitive to the one's aura is truly an exciting experience.

Energy depleted on the part of my neck and I replied that I had a sore throat.

Auric sensitivity can be used in the discovery, appreciation, and assessment of human conditions and life experiences. Because of this, a person can be helped to better understand oneself, heal oneself, and improve oneself.

CREATIVE SYNTHESIS

This is an artistic and visionary synthesis of living experiences with meaning-making on the topic of study at large.¹⁴ For this research, I created a hodge-podge of my personal channeled paintings to present creatively the synthesis of living experiences of my co-researchers on auric sensitivity. Please refer to Image 1. This was accompanied with a poetic interpretation.

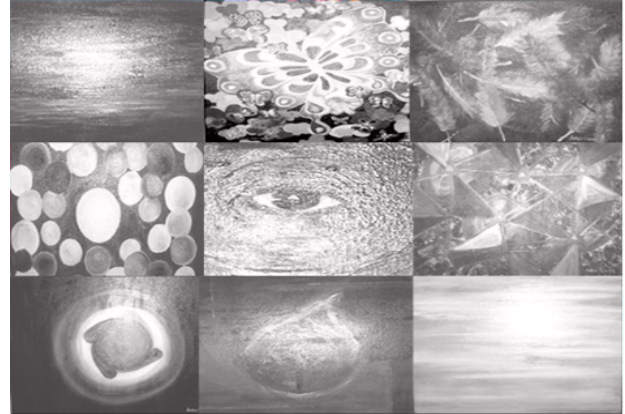


Image 1: *Hodge-podge of living experiences of auric sensitivity*

The I

I am a human being, a cosmic entity, created in the image and likeness of the Creator, destined to live in unity with other creations, to be well and whole – Life

Darkness

I find myself living in darkness, I do not know fully my true self, what I am capable of – Nature

Metamorphosis

I need to change myself, recognize the auric blessings given to me as gifts, to see and touch the human aura, just like in other creatures – Challenge

Plight

I should know my life's predicament, to know where to begin, that I may know where I will be going to end – Destiny

Pearl

I need to master my impurities, and stand with my real worth, shun mediocrity, embrace excellence, but remember simplicity – Commitment

¹⁴ Ibid.



Interconnectedness

I am bound to bind myself with the rest of
created beings, it is not all about indifferences,
but seeing one's similarities – Unity

Synergy

I have to work my dreams in unison with
everything, curse individualism and promote
cooperation – Collaboration

Glow

I am a spark of light, I come from the Light,
I will be light of this cosmic world, I will lead
people to enlightenment – Consciousness

Light

While a chance still stand, beholding anew my
psyche,
I shall act now, to live fully a wonderful and
purposely driven life – Hope

AURIC SENSITIVITY AND QUANTUM PHYSICS

In dealing with psi function of auric sensitivity, the primal element concerned is the aura. Basically, the aura is something that is a natural reality. It is an emanation from within and said to be surrounding the human beings, every organism, and object in this cosmic world. Though it is usually unnoticed by most people, it is an intriguing phenomenon to some since time immemorial. In cultural iconography, the aura has been identified with the halo, also known as nimbus or gloriole,¹⁵ the glow of sanctity which was conventionally drawn encircling the head of a sacred person, or as radiating crowns of great rulers and heroes. Sometimes it is depicted especially in the Asian art in the form of circular glow or flames around the head or around the whole body which is often called a mandorla.¹⁶ Or in ancient Sumerian literature, it was called melam, a brilliant, visible glamour

¹⁵ Editors. Halo-art. Encyclopedia Britannica. <https://www.britannica.com/art/halo-art>.

¹⁶ Ibid

which is exuded by gods, heroes, sometimes by kings, and also by temples of great holiness and by gods' symbols and emblems.¹⁷ The first time I saw and noticed those circular lights, I was so curious to know what it is and where it is coming from. I was eager to know if I also have it or it is solely possessed only by the sacred and the famous. My thirst on understanding this phenomenon was quenched slowly when I was exposed to different occasions wherein I had experienced of seeing and touching it even prior to finishing my studies with my exposures to various healing modalities. What further enlightened me about the reality of the aura was my orientation on quantum mechanics and its mind boggling revelations of realities. Quantum physics emerged in the 20th century. It offered a lot of revelations about the realities in the micro molecular level or sub atomic particles. From the experiments conducted by now famous quantum personalities, pioneering contributor in the quantum understanding of the reality, the likes of Albert Einstein, James Maxwell, Max Planck, Michael Faraday and etc., yielded several quantum principles that helped me understand more the mystery behind the aura, auric sensitivity and the truth about the human psyche. A quantum principle explains that the ultimate reality was described as a filament of vibrating energy often represented as a string that animates and sets everything in motion, undetectable by ordinary physical senses, subtlest state of existence and therefore belongs to the realm of the invisible.¹⁸ Another principle states that in the quantum world particles can appear, disappear, vanish, and reappear at any moment in space and time.¹⁹ Studying the quantum reality would reveal the existence of energy that when placed under the lens of a highly sophisticated gadget exposes realities within

¹⁷ J. Black and A. Green, *Gods, Demons and Symbols of Ancient Mesopotamia* (Austin, 1992) p. 130.

¹⁸ Paul Dejillas. *Our Cosmic Origins*. (USA: Jobo Elizes, 2017), p. 26

¹⁹ Ibid. p. 33.





atomic constitution. Aside from the nucleus, electrons, protons, neutrons, and photons, there exists also sub particles like positron, neutrino, antineutrinos, muon and antimuon, tau lepton and tauon, and others. Not to mention was the discovery of the three forces working within the atomic and sub-atomic level namely, electromagnetism, strong nuclear force and the weak nuclear force.²⁰

In relation to an aura, quantum physics would recognized it as an electromagnetic field. It is an energy emitted by any physical body. It consists of energy in varying degrees and forms. Among the most interesting aura is of the human beings. It is very colorful, dynamic, awe-inspiring and mystical-like experience. The human aura is an energy field which is a collection of electromagnetic energies of varying densities that permeate through and emit or exit from the physical body of a living person. To be able to sense the human aura requires a certain level of psi sensitivity that can be honed under strict mechanized step by step process, involving primarily the workings of the major human faculties that includes the consciousness, emotions, behaviors, all the senses, and the body, and through embracing a lifestyle or spirituality that is conducive in unleashing the individual sensitivity to human aura. This entire process of tapping and developing auric sensitivity and other psi functions is called preternaturalization.²¹

CONCLUSION

The human psyche is one of those fascinating topics to study. I believe there are still many things that had remained to be known and appreciated about it. The very reason why this study was conducted. The intention was

primarily to discover something more about the human psyche and therefore contribute in the ever growing understanding of it. At the start, I enunciated a loose idea of what a human psyche was as the foundational concept for this study, of which I found resembled in some degrees with the Jungian concept of the human psyche. In this case, human psyche is to be conceived as the human's total personality and collection of processes that involves the whole human faculties. Having conducted an empirical study using a heuristic inquiry approach on the experiences of some people on the reality of the human aura, and aided by select quantum physics principles, I have arrived with a quantum understanding of the human psyche. I concluded that an essential part also of the total human personality was the psi reality that made of us inconspicuously, the human aura, and the psi potential or function that was called auric sensitivity. As quantum physics would explain, the human aura was an energy filled enveloping us. As an energy in varying densities, forms, textures, and colors, it can be seen and felt especially with extra ordinary level of sensitivity which can be harnessed through the process of preternaturalization comprised of a cyclical mechanized step by step process and by embracing a lifestyle or spirituality that is cordial to psi phenomena. Being concerned and sensitive with the human aura would give humanity one notch of benefits, better understanding, healing, and improving of oneself and others too. Human aura and the experience of being sensitive to it is a unique attribute of the human psyche.

²⁰ Ibid, p. 45-47

²¹ Noel Santander. *Introducing Psianthropology*. Scientia. (Manila: San Beda University, June 2014), p. 223.





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